

A GIFT FOR YOURSELF:

YOUR SMILE WILL THANK YOU!



Your daughter's wedding, a 25-year class reunion, a celebration of a birthday or anniversary — now that the kids are almost grown and on their way, isn't it about time to do something for yourself that you have always wanted? A beautiful smile — because you deserve it.

It is time to stop keeping your mouth closed in photos. A beautiful smile not only builds confidence, but also creates an environment for a healthier mouth. Many people, teens and adults alike, want straight teeth but do not want to wear braces.

An orthodontic treatment option is a clear, plastic aligner system, like Invisalign and Invisalign Teen. These systems use a series of custom-molded aligners. The aligners are removable, so you can continue to eat your favorite foods, brush and floss normally.

Michele A. Bernardich, DMD, MSD, a board certified orthodontist, says, "advances in the amount and type of



Orthodontist
Michele A. Bernardich,
DMD, MSD

Courtesy of
Dr. Bernardich

tooth movement possible with Invisalign has greatly improved over the years. Imperfect smiles that could not be treated with Invisalign in the past are easily treated today."

J.Z., one of Dr. Bernardich's patients, talked about how she always held her lips closed to cover two teeth that protruded in front. She always wanted a nice smile. With her daughter's wedding approaching in a year's time, she decided to do something. Two upper teeth were removed and Invisalign was used to give her the smile of her dreams. She told Dr. B. that she had to re-teach herself how to actually show her teeth when smiling.

Here is another example. N.H., a 32-year-old mother of three, "badly" wanted straight teeth. She was told in the past that she was not a candidate for Invisalign and would need four teeth extracted and braces. While making an appointment for her son at the front desk, she lamented how she wished she could have a perfect smile, too. A quick glance in her mouth and Bernardich said, "I can straighten that with Invisalign. No tooth removal required."

Bernardich recently asked her why she decided to go through with the seven-month treatment. She replied, "You were so confident in your ability to give me a beautiful smile with Invisalign and I wanted it badly."

As a Premier Preferred Invisalign Provider, Bernardich has been using this technique to create gorgeous smiles since it was introduced in 1998 and has treated several hundred cases — experience is priceless. If you have been told in the past that you are not a candidate for Invisalign, it may be time for a second opinion.

Bernardich has been creating beautiful smiles for more than 20 years after earning her dental degree, orthodontic certificate and master's of dental science degree at Temple University's School of Dentistry. Before that, she worked as a registered nurse. She is among a small percentage of orthodontists in the United States to become a Diplomate of the American Board of Orthodontics, which recognizes excellence in her specialty. She has two offices, one in Allentown and another in Northampton.

Life is too short to walk around hiding your crooked teeth by not smiling. ■

BEFORE: J.Z.



AFTER: J.Z.



BEFORE: N.H.



AFTER: N.H.

