

# SMILES TAKE CENTER STAGE

NEW  
PROCEDURES  
ARE EASIER  
AND FASTER



Orthodontist  
Michele A. Bernardich,  
DMD, MSD  
Courtesy of Dr. Bernardich

**S**o you want a show stopping smile and you wanted it yesterday -- no problem. No, really. New medical technology will allow you to transform your smile into a dazzling centerpiece that will captivate all viewers.

You probably already know that a beautiful smile builds confidence and creates an environment for a healthier mouth. Everyone wants straight teeth, but adults and teens alike, often have the misconceptions that the process is embarrassing and takes too long. Michele A. Bernardich, DMD, MSD, a board certified orthodontist says, modern medical devices provide the means of achieving great smiles easily and quickly.

The first step is getting the teeth straight without anyone knowing. The orthodontic treatment option of using clear, plastic aligners systems, such as Invisalign and Invisalign Teen is the answer. The aligners are clear, so no one can see you have them in and are transforming your smile. Dr. Bernardich prescribes the exact direction

and type of movement needed, creating a road map for the teeth to follow until they are straight. You can also eat your favorite food and brush and floss normally because the aligners are removable.

Next, you want fast. The use of Propel, a new procedure approved by the U.S. Food and Drug Administration for use with clear aligner systems or braces, is the other answer.

Here is Ortho lesson 101: Teeth move due to the break down and build up of bone around teeth as a result of forces placed on them. Bernardich uses Propel to place small dimples called micro-osteoperforations around targeted teeth, which harnesses your body's biology to stimulate the bone surrounding the teeth. This helps the teeth to move faster, thereby reducing overall treatment time. The method also enables teeth to move easily into the ideal position and requires fewer office visits.

Propel, which can be repeated every two to three months, is a simple, in-office treatment that takes minutes and afterward you can go on with the rest of your day. No extra effort or daily procedures are required for the treatment to work.

What do Bernardich's patients have to say about these techniques? When

asked, a patient S.R. explains he chose Invisalign over braces because "no one sees them and you can easily remove them to eat your favorite foods and brush and floss."

Why did he agree to have Propel to augment his treatment? "When you told me it was going to cut my treatment time in half, I was on board," he says. "It was easy and does not hurt."

Dr. Bernardich has been creating beautiful smiles for more than 20 years.. She is among a small percentage of orthodontists in the United States to become a Diplomat of the American Board of Orthodontist, which recognizes excellence in her orthodontic specialty. She has two offices, one in Allentown and another in Northampton.

As a Premier Preferred Invisalign Provider, Bernardich has been using this technique to make gorgeous smiles since it was introduced and has treated several hundred cases. Experience is priceless. It may be time for another opinion, if you have been told in the past that you are not a candidate for Invisalign. You can see an interview with Bernardich's patient, S.R., and see the procedure being performed at [www.drbernardich.com](http://www.drbernardich.com). ■

Before, (S.R.)



3 months later with Propel

